

Flip n Stitch Workshop

Preparation:

Ensure your cutting blade is sharp as you will be cutting multiple layers when trimming.

Long quilting pins

New needle size 14 (so you can sew 4 layers fabric and 2 layers batting at once)

Machine in good working order to be set up to straight stitch 10 stitch per inch

WALKING FOOT for your machine (see note below if you need to purchase)

Sticky notes or paper for labeling pieces

Fabric:

You can buy or cut from your stash. I recommend one side cotton and the other flannel as that gives you a chance to work with both fabrics and stitch with cotton side down.

You will need to purchase/find in stash and cut the following (takes about 1 1/4 hours)

You will CUT the same sizes for BOTH Side A AND Side B:

For Side A (cotton):

24" cut of 45" wide fabric cut to:

2 pc 6 x 40" plus 2 pc 6 x 39" for sections 5 & 6 and label pieces with sticky note as A5, A6

24" cut of 36" or *45" wide cut to:

2 pc 6 x 29" and 2 pc. 6 x 28" for sections 3 & 4 - label pieces A3, A4

24" cut of 18" fabric OR 12" cut of 36" fabric or 12" cut of *45" fabric OR 2 Fat Quarters (FQ) cut to:

2 pc 6 x 18" and 2 pc 6 x 17" for sections 1 & 2 - label pieces A1, A2

1 pc 6 x 18" OR 1 FQ for C (Centre) section label piece AC

* NOTE if you purchased 54" instead of 45" fabric for items marked

with an * for any of these sections you will have enough left to use for the centre section without buying more

Repeat cutting for **Side B (flannel)** as above, using labels B1, B2 etc.

For Batting: You will need a piece starting at 42 x 45 if buying, I had lots of trimmed pieces I used up. Cut ONE PAIR ONLY OF EACH OF THE SIZES underlined ABOVE and only 1 Centre Piece.

For Binding: 12.5 " of 45" wide cut to 2.5" strips assembled to 188" then pressed in half to 1.25" binding OR 15" of 36"wide cut to 2.5" strips assembled to 188" then pressed in half to 1.25" binding

After cutting each of the 7 sections please roll (to stop it wrinkling in transit) and label with sticky notes or paper scraps showing side and section. This adds a minute per cut but saves hours in assembly!

E.g. Side A (cotton) label 1as AC, 2 each A1, A2, A3 continued...,

Side B (flannel) label one as BC, 2 each as B1 etc.,

Batting label only 1 as batting C, 2 each of batting 1, batting 2 Etc.

Note: you will cut and label in the reverse order you will assemble quilt!

NOTE: The following all purpose kit available for 18.99 on Amazon prime is a good purchase if you would like to try a walking foot and it has adapter and other feet included. I have seen the same kit selling for \$25, \$45 and \$65. on line so be careful you check the prices).

https://www.amazon.ca/Machines-Presser-Universal-Walking-Storage/dp/B07C7K2QNV/ref=sr_1_1?ie=UTF8&qid=1534969381&sr=8-1&keywords=Universal-Sewing-Machine-Presser-Walking%2F+foot